

# CANADIAN EMDR WORKSHOPS

## *Improve your treatment outcomes...*

If you are not being routinely exhilarated by your current EMDR outcomes, it is time to refresh & revitalize your EMDR competence. Barbara Horne has created these one-day workshops to help you consolidate & enhance your EMDR skills, and increase both your confidence & comfort as an EMDR clinician.

Location	Workshop
1) Hamilton/Niagara	Feb. 27, 2012
2) Toronto	Nov. 19, 2012
3) Ottawa	Dec. 3, 2012

**Presenter:** Barbara Horne MASC, RMFT, EMDRIA-Approved Consultant & Trainer  
[www.BarbaraHorne.ca](http://www.BarbaraHorne.ca) Tel 905-687-6866

**FEES:** \$210 plus HST

**PREREQUISITE:** Completion of an EMDRIA-Approved Basic EMDR Training program

**VENUES:** 1) Best Western Beacon Harbourside (on QEW Niagara), 2) Dixon Road Travelodge 3) Four Points Gatineau

WORKSHOP #1 (Phases 1 & 2):

### "Contain the Case-Set a Clear Path to Recovery"

Sometimes the sheer volume of our clients' suffering leaves us feeling overwhelmed and confused. Their extensive stories of abuse can make the case feel amorphous and difficult to manage. A therapeutic relationship needs to be a secure container for the client's work. "Contain the Case" helps you feel confident about being able to establish this container by setting a clear path to recovery.

This workshop enables you to take any case within your scope of practice and refine it into simple elegance. You learn how to collect all necessary EMDR-relevant information for use in case conceptualization, trauma recovery planning and preparation. Using our simple yet comprehensive techniques for constructing a clinical file, you can turn even the complicated cases into straightforward work, so both you and your client know exactly where you are, where you've been and where you're going at all times.

You receive complete, updated materials for use in constructing clinical files that are real clinical tools. "Contain the Case" provides a strong foundation for enriching your EMDA practice.

This workshop is EMDRIA-Approved for 6.5 CE credits.

### WORKSHOP TESTIMONIALS:

"It was fabulous."

"Helped me fine-tune my EMDR skills"

"I liked Barbara's openness, availability & accessibility throughout the course."

"Reminded me of the efficacy of EMDR"

"It exceeded my expectations"

*IN DEVELOPMENT...* Workshop #2: "Manage the Recovery - The Nuances of Trauma Processing"

### About the Training Staff:

Barbara Horne MASC, RMFT is an EMDRIA-Approved Consultant & Trainer and director of *Fraser Training*, which has been training EMDR clinicians since 1999. She has personally taught over 40 EMDRIA-Approved Basic EMDR trainings in Central & Eastern Canada, training hundreds of Canadian EMDR clinicians. Barbara is also an experienced speaker, having presented on EMDR at provincial, national and international conferences.

French-language courses & workshops are also available, under the direction of Philippe Gauvreau PsyD, EMDRIA-Approved Consultant & Trainer ([www.PGauvreauPsy.com](http://www.PGauvreauPsy.com)).

\*Barbara Horne maintains responsibility for these programs and their content in accordance with EMDRIA Standards\*.

*Add joy, hope and optimism to your clinical practice. Expect exceptional treatment outcomes—watch your clients transform their lives. Look forward to going to work every day. Avoid compassion fatigue...*