

Canadian EMDR Training

Add joy, hope and optimism to your clinical practice. Expect exceptional treatment outcomes—see your clients transform their lives. Look forward to going to work every day. Avoid compassion fatigue...

Offered by **Fraser Training**

Director: Barbara Horne MASc, RMFT,
EMDRIA-Approved Consultant & Trainer
www.BarbaraHorne.ca
Tel 905-687-6866

COURSES FOR 2012 & 2013

TORONTO: Nov. 24 – 27, 2011 & Feb. 2 – 4, 2012
Nov. 15 - 18, 2012 & Feb. 7 - 9, 2013
HAMILTON/NIAGARA: Feb. 23 - 26 & May 3 - 5, 2012
NORTH BAY: May 31 - Jun. 3 & Sept. 20 - 22, 2012
OTTAWA: Nov. 29 - Dec. 2, 2012 & Feb. 28 - Mar. 2, 2013

WHAT IS EMDR?

EMDR is an evidence-based psychotherapy approved as a best practice by international health and government regulatory bodies throughout the world. EMDR effectively and efficiently eliminates the symptoms of stress and trauma. It is highly-rated for its efficacy with ASD & PTSD by (among many others):

- The American Psychiatric Association (2004 & 2009)
- The US Department of Defense/Veterans Affairs (2004)
- The International Society for Traumatic Stress Studies (2000 & 2008)

WHY INCLUDE EMDR IN YOUR REPERTOIRE?

FOR YOU, AS THE CLINICIAN:

- No compassion fatigue—you'll *know* your clients' lives will improve;
- Joyful, hopeful and invigorating work;
- The profound privilege of witnessing your clients' own healing;
- Enriched, respectful therapeutic relationships, and
- EMDR is marketable-- recoup training fees quickly

FOR YOUR CLIENTS:

- Comprehensive resolution of past traumas;
- Elimination of present day triggers;
- Increased confident, adaptive daily living;
- Hope for the future, and
- Profound knowledge of their own healing power.

WHAT'S INVOLVED IN FRASER TRAINING'S EMDRIA-APPROVED BASIC EMDR COURSES?

EMDRIA-Approved Basic EMDR Training is open to clinicians holding at least a Masters-level education in a counselling field. Licensure or membership in a professional association with a Code of Ethics and sanctioning ability is also required.

There are three steps to completing *Fraser Training's* 60-hour Basic EMDR Training:

Part 1: 3½ days (15 didactic hours; 12 practicum hours)

Part 2: 3 days (15 didactic hours; 8 practicum hours)

Consultation: 10 hours with an EMDRIA-Approved Consultant (EMDRIA-required)

WHY CHOOSE FRASER TRAINING?

Established in 1999, *Fraser Training* has an excellent track record for producing confident EMDR clinicians. Under the direction of Barbara Horne MASc, RMFT, *Fraser Training* offers regularly-scheduled courses in Eastern and Central Canada and will travel to other city centres. On-site courses are also available. The program is available in French, under the direction of Philippe Gauvreau PsyD, EMDRIA-Approved Consultant & Trainer. See www.PGauvreauPsy.com for the schedule of French courses. *The Provider maintains full responsibility for this Basic EMDR Training*

- Small experiential courses (maximum 30);
- Low consultant/student ratio (1:10) for practicums;
- Individual attention & group cohesion;
- Complete course materials included;
- All-inclusive** Basic Training fee (\$2000 + HST);
- Required 10 consultation hours included;
- Payment plan available;
- Course content exceeds EMDRIA requirements;
- Course materials updated frequently;
- Trainings available in English or French (Formations en Français);
- Multiple courses available each year;
- Barbara Horne also offers an EMDRIA-Approved CE Credit workshop (\$210 + HST);
- Local venues in Eastern & Central Canada, and
- On-site courses available.